

# YOUR INVITATION TO IQ EDUCATION



## THE PROBLEM

Kids growing up in today's digital world have very different experiences than those from previous generations. We are currently in the midst of a seismic social experiment. Never before have kids been immersed in an online world (Snapchat, Instagram, YouTube, Facebook, apps, gaming and various other platforms) where they are bombarded with hypersexualised images, adult themed video games and free online hardcore porn.

As access to technology increases, young people are constantly internalising messages which can confuse their understanding of healthy relationships, shaping their attitudes, behaviours, expectations, brain and emotional development. The "Internet of Things" changed everything, but with technology at our fingertips, the doorway for exploitive messages swings wide to our young people.

## OUR RESPONSE

**IQ PROGRAMS** are a whole-school educational package designed to equip kids & youth to confidently navigate hypersexualised culture and other 21st century challenges. COMPASS IQ and AGENCY IQ are signature programs within the IQ package, designed to safeguard kids and youth in the online and physical environments. GROWTH IQ and SUSTAIN IQ focus on personal development, relationships and holistic sexuality education – foundational skills essential for personal and relational wellbeing.



**GROWTH IQ**  
cultivating kids for healthy  
relationships & development  
Ages 4-12



**SUSTAIN IQ**  
advancing youth for sustainable  
relationships & sexual health  
Ages 12-16



**COMPASS IQ**  
safeguarding kids in online &  
physical environments  
Ages 4-12



**AGENCY IQ**  
fortifying youth in online &  
physical environments  
Ages 12-16

Commencing release in 2019:

- **IQ PROGRAMS** respond to student protection requirements and prevent sexual harms by addressing the impact of sexually explicit material and analysing its influence on behaviours.
- **IQ PROGRAMS** provide inclusive, age-appropriate content and sequential delivery as a whole-school approach.
- **IQ PROGRAMS** target the malleable phases of childhood development to reinforce healthy and metacognitive thought processes, setting a strong foundation for lifelong learning.
- **IQ PROGRAMS** offer guidelines for implementation and suggestions for school policies, processes, and practices.
- **IQ PROGRAMS** reflect the Social and Emotional Learning approach advocated by CASEL, fostering self-awareness, self-management, responsible decision-making, relationship skills and social awareness.
- **IQ PROGRAMS** adopt a holistic sexuality education approach that covers a broad range of issues relating to the physical, emotional, social and cultural aspects of development.
- **IQ PROGRAMS** foster a balanced and positive attitude to sexual wellbeing.

**FOR EDUCATORS:** receive online training and comprehensive lesson plans and resources, informed by sound conceptual frameworks and relevant research. Face-to-face training is available upon request.

**FOR STUDENTS:** gain the self-awareness and critical thinking skills necessary for informed decision-making so they can confidently navigate hypersexualised culture and other 21st century challenges.

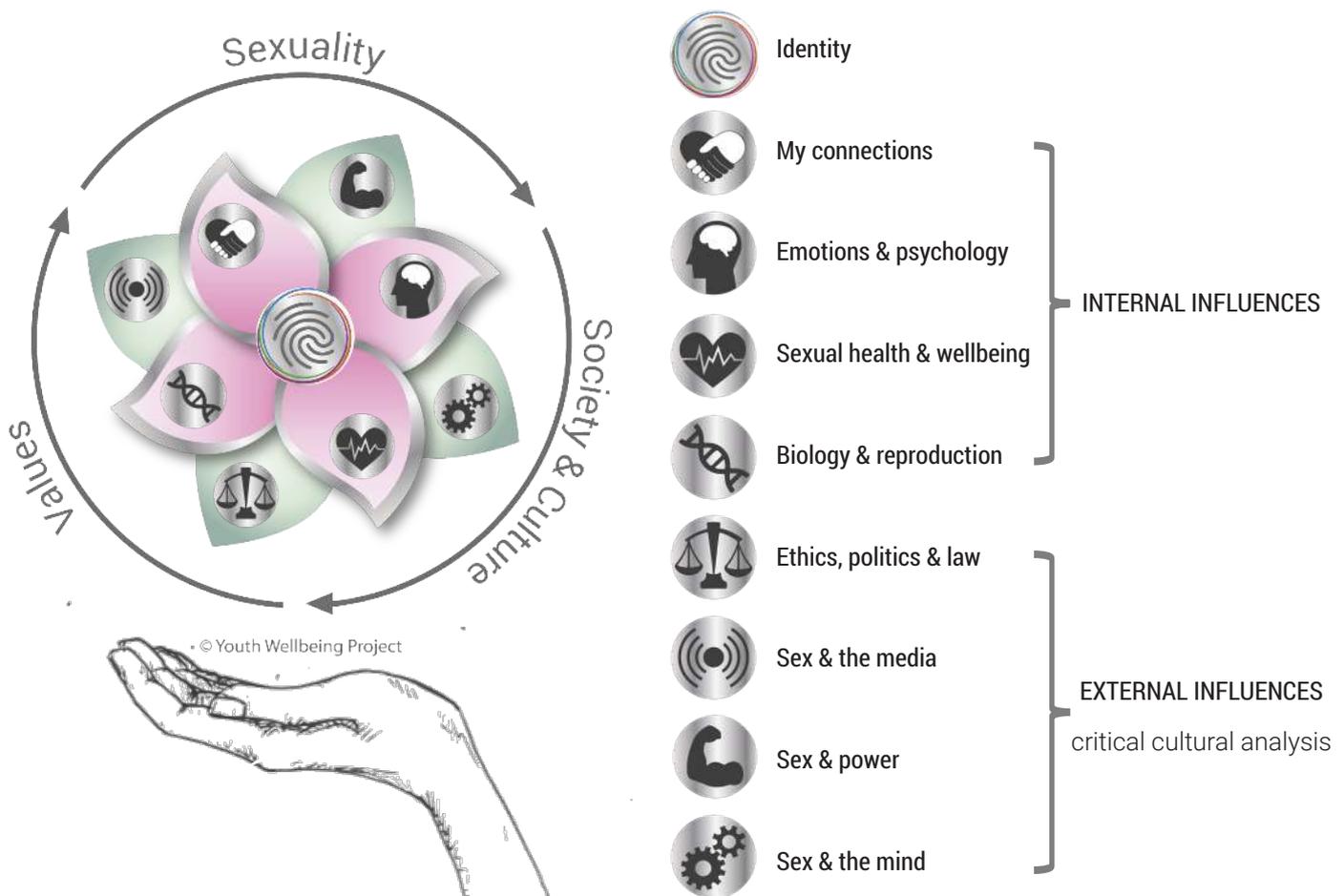
**FOR PARENTS:** partnership with the school community, detailed information on lesson content, and access to free online tools to learn about hypersexualised media and porn. Face-to-face training is available upon request.

# THE HOLISTIC MODEL OF SEXUALITY



The Holistic Model of Sexuality depicts the internal and external forces at work in and around our personal identity. Human identity is a wonderful and complex phenomenon, partly distinguished through the complex and continuous interactions that occur between these internal and external environments.

No two people are the same, and the effects of these interactions will vary from person to person. This is why the fingerprint is a perfect emblem of personal 'identity'. The Holistic Model of Sexuality is designed to capture the process in which these environments are negotiated, and allows for a critical examination of the factors that influence our personal identity. The Holistic Model of Sexuality informs the Youth Wellbeing Project IQ PROGRAMS.



## IQ PROGRAMS EDUCATIONAL VALUES



### FRAMING

The framing principle invites students to [re]consider the world from a range of perspectives. These might be personal, cultural or political [pre]dispositions. Framing fosters the self-awareness and critical thinking skills necessary for informed decision-making.



### METACOGNITION

Metacognition and reflexivity are essential if we want our young people to engage critically with their internal and external worlds. By exploring causes and effects, students develop analytical learning habits through which they can confidently navigate 21st century challenges.



### GROWTH

The brain is elastic, adapting and changing as it gains and releases new habits and information. IQ PROGRAMS target the earliest growth cycles of the brain to reinforce its [re]constructive capacity, bringing understanding that thoughts and behaviours are flexible rather than fixed.